

# Targeted Stress Assessment

Patient: \_\_\_\_\_ DOB: \_\_\_\_\_ Form Date: \_\_\_\_\_

Caregiver: \_\_\_\_\_ Relationship to patient: \_\_\_\_\_

Response			TML Question
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when I try to address other <b>health conditions</b> such as taking medications, checking blood pressure etc.
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when I try to get them to <b>shower or bathe</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they <b>get angry or agitated</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful trying to get them to <b>brush their teeth</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they <b>hallucinate or get paranoid</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when I try to get them <b>dressed or undressed</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they have <b>accidents or other issues with incontinence</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they act <b>sexually inappropriate</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when I need to <b>get them to an appointment</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when I try to get them to <b>eat or drink</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they <b>repeat themselves or do the same things over and over</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they <b>wander or always want to leave</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they say they <b>Want their Mother</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful they do <b>not sleep at night</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they say they <b>Want to go Home</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they <b>refuse help from other people</b>
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they <b>accuse me of things</b> I have not done
1. Little Stress	2. Somewhat Stressful	3. Most Stressful	I find it stressful when they <b>do not recognize me or other members of my family</b>

AlzBetter LLC © 2014-2020

Reviewing Physician Initials \_\_\_\_\_  
Date Reviewed \_\_\_\_\_

AlzBetter 856.281.1200  
www.alzbetter.com